

WOMEN'S NIGHT OUT

REJUVENATE YOUR FEMININE ESSENCE ONCE A WEEK

This is a gathering of women who want to be in a permanent connection with their feminine energy, release thoughts and patterns that disrupt this connection, refresh the full presence in their physical body, experience their own creativity and enjoy support and sharing with other women in the group. Women's night out is an opportunity to let go and enjoy in a way that makes you more intimate with your inner woman and all her qualities.

WOMEN'S NIGHT OUT provides you with safe space to relax and find the inspiration, both of them being essential for a woman to feel feminine. We shall inhale deeply and exhale, sit down allowing our bodies to relax, move around freely following the music, tell a story of the present moment using free drawing and painting, and trust our intuition.

There is no preparation or skill needed from your part, you don't have to be young, talented, smart or witty. You can simply come undone, being what you are. Your age doesn't matter. Your dance or your art do not matter. It is just your feeling inside that tells you now while you are reading this: YES. This is for me. I want to be a part of it.

At the end of Women's night out you will experience radiance, stillness, and you will be grounded in your body.

Price:

when in Pathways Centre space in Zagreb, Croatia:

25 eu euro per person is drop-in price.

Monthly price for 4 workshops 80eu

Duration: 3 hours

Locations out of Croatia: Please contact info@centarstaze.com